Texas Tech University Department of Health, Exercise & Sport Sciences
Personal Fitness and Wellness Program

Course Title	PFW 2113 Advanced Golf		
Instructor	Chad Smith	**Office** ESS 138	
Office Hours	By Appointment Only	**Email** chad.w.smith@ttu.edu	

Mission Statement

The PF&W mission is to promote physical activity and improve physical fitness in the enrolled students at Texas Tech University by offering a variety of physical activities taught under the guidance of qualified, enthusiastic and caring instructors.

Purpose Statement

The Personal Fitness and Wellness courses at Texas Tech University are designed to present the opportunity for students to learn skills while engaging in lifetime activities to promote physical, social and emotional well-being as well as to develop intellectual inquiry to the need of leisure-time physical activity.

Course Description

This course is a concepts-based activity course in which the student learns to create and participate in an individualized lifetime physical activity program.

Required Text

Connect Get Active is the mandatory class text. This program is mandatory. **There will be no exceptions to this rule**. You will need to be aware that you need to check your Tech Email daily to be on top of your course assignments. We want to be good stewards of our environment, so all communication and handouts will be through email.

All quizzes are online and will have open and close dates. Please refer to the quiz dates in this syllabus. Missing or not taking a quiz will result in a zero. Quizzes are NOT going to be open all semester.

To purchase the text, you may go to the eCommerce site found at the following link:

http://connect.mcgraw-hill.com/class/c_smith_fall_2012_advanced_golf

The videos that will supplement the online textbook and be needed for several of the quizzes can be found at the following link:

http://www.depts.ttu.edu/hess/undergrad/pfw/golf.php

Learning Objectives

A	Gain cognitive knowledge of the benefits of leisure-time physical activity
B	Gain cognitive knowledge of current physical activity based health
C	Increase cognitive knowledge of course specific skills and techniques
D	Develop an understanding of the health related components of physical fitness to include cardio-respiratory endurance, muscular strength/endurance, flexibility training and body composition
E	Improve physical skills and techniques specific to course
F	Gain knowledge of fitness testing procedures and history
G	Gain knowledge of current level of health related fitness

How I Earn My Grade

You earn the ability to receive a letter grade by completing the graded activities and following the attendance policy.

Graded Activities		Possible Points	Learning Objective Covered
	Participation	30	E
	4 Class Specific Quizzes	40 (10 each)	C
	2 Fitness Testing Quiz	20	A, B, D, F, G
	1 Introduction Quiz (syllabus)	10	
	Total	100	

Quiz & Fitness Testing dates:

Assessment	Date open	Date Close
Quiz 1 Intro. Quiz	Aug. 27 7:00 AM	Sept. 2 11:00 PM
Quiz 2 Fitness Quiz	Sept. 2 7:00 AM	Sept. 8 11:00 PM
Quiz 3 Fitness Quiz II	Sept. 16 7:00 AM	Sept. 22 11:00 PM
Quiz 4 Class Specific Quiz	Sept. 30 7:00 AM	Oct. 6 11:00 PM
Quiz 5 Class Specific Quiz II	Oct. 14 7:00 AM	Oct. 20 11:00 PM
Quiz 6 Class Specific Quiz III	Oct. 28 7:00 AM	Nov. 3 11:00 PM
Quiz 7 Class Specific Quiz IV	Nov. 11 7:00 AM	Nov. 17 11:00 PM

Grading Scale

A = 90 – 100 points; B = 80 – 89.99 points; C = 70 – 79.99 points; D = 65 – 69.99 points; F = below 64.99 points

How Tardiness and Not Being in Class Affects Your Overall Grade

Students are allowed **one** "unexcused" absence throughout the semester, but are not excused from any assignments assigned to that class period. Each additional absence thereafter will result in a 5 point deduction from the student's participation grade. **Showing up to class is the most crucial aspect of getting an A and passing this course!!! Tardiness is not acceptable and disruptive to the class and instructor. Coming to class 10 minutes** late will be considered an "unexcused" absence. With this in mind, be sure to allow yourself plenty of time to check in at the front desk and to dress. An absence due to sickness or illness will only be considered "excused" with official university or medical documentation and must be submitted upon the first day returning to class. See policies below relating to absences due to observance of a religious holiday and officially approved trips. Extenuating circumstances may also be considered on an individual basis. **Nonparticipation during class time will be a deduction of 2.5 points per instance.**

Course Policies

- Dress/Attire: Athletic or golf shoes **ONLY**, non-athletic shorts or pants, and preferably collared shirts or t-shirts are required, wind pants when necessary (NO sweat pants). No open toed shoes – this is a safety concern and cannot be tolerated. **Not having the appropriate clothing to participate means you did not participate and will receive points off.**
- Students are required to bring their TTU student ID to class every day.
- Students are expected to be on time to class which means allowing for time to check in at the front desk and to dress. Your grade depends upon participation and being late means you are not participating.

More on Attendance

Absence Due to Religious Observance

A student who is absent from classes for the observance of a religious holy day, according to the legal definition, will be allowed to take an examination or complete an assignment scheduled for that day within a reasonable time after the absence if, not later than the 15th day after the first day of the semester, the student has notified the instructor of each scheduled class that the student will be absent for a religious holy day.

This notification will be in writing and will be delivered by the student personally to the instructor of each class, with receipt of the notification acknowledged and dated by the instructor, or by certified mail, return receipt requested, addressed to the instructor of each class.

A student who is excused under this policy must not be penalized for the absence, but the instructor may appropriately respond if the student fails to satisfactorily complete the assignment.

Whether an absence is excused or unexcused is determined solely by the instructor with the exception of absences due to religious observance and officially approved trips described above. The Center for Campus Life will notify faculty, at the student's request, when a student is absent for four consecutive days with appropriate verification of a health related emergency. This notification does not excuse the student from class, it is provided as a courtesy. The service is explained as follows and can be found on the Center for Campus Life web site at: http://www.campuslife.ttu.edu/crisis/.

Illness and Death Notification

The Center for Campus Life is responsible for notifying the campus community of student illnesses, immediate family deaths and/or student death. Generally, in cases of student illness or immediate family deaths, the notification to the appropriate campus community members occur when a student is absent from class for four (4) consecutive days with appropriate verification. It is always the student's responsibility for missed class assignments and/or course work during their absence. The student is encouraged to contact the faculty member immediately regarding the absences and to provide verification afterwards. The notification from the Center for Campus Life does not excuse a student from class, assignments, and/or any other course requirements. The notification is provided as a courtesy.

Academic Misconduct

Academic Integrity. It is the aim of the faculty of Texas Tech University to foster a spirit of complete honesty and a high standard of integrity. The attempt of students to present as their own any work that they have not honestly performed is regarded by the faculty and administration as a serious offense and renders the offenders liable to serious consequences, possibly suspension. The instructor in a course is responsible for initiating action for dishonesty or plagiarism that occurs in his or her class. In cases of convincing evidence of or admitted academic dishonesty or plagiarism, an instructor should take appropriate action. Before taking such action, however, the instructor should attempt to discuss the matter with the student. If cheating is suspected on a final exam, the instructor should not submit a grade until a reasonable attempt can be made to contact the student, preferably within one month after the end of the semester. **See the section on "Academic Conduct" in the *Code of Student Conduct* for details of this policy.**

"Scholastic dishonesty" includes, but is not limited to, cheating, plagiarism, collusion, falsifying academic records, misrepresenting facts, and any act designed to give unfair academic advantage to the student (such as, but not limited to, submission of essentially the same written assignment for two courses without the prior permission of the instructor) or the attempt to commit such an act. **"Cheating"** includes, but is not limited to, the following:

1. Copying from another student's test paper.
2. Using materials during a test that have not been authorized by the person giving the test.
3. Failing to comply with instructions given by the person administering the test.
4. Possessing materials during a test that are not authorized by the person giving the test, such as class notes or specifically designed "crib notes." The presence of textbooks constitutes a violation only if they have been specifically prohibited by the person administering the test.
5. Using, buying, stealing, transporting, or soliciting in whole or part the contents of an unadministered test, test key, homework solution, or computer program.
6. Collaborating with or seeking aid or receiving assistance from another student or individual during a test or in conjunction with an assignment without authority.
7. Discussing the contents of an examination with another student who will take the examination.

8. Divulging the contents of an examination, for the purpose of preserving questions for use by another, when the instructor has designated that the examination is not to be removed from the examination room or not to be returned to or kept by the student.
9. Substituting for another person, or permitting another person to substitute for oneself to take a course, a test, or any course related assignment.
10. Paying or offering money or other valuable thing to, or coercing another person to obtain an unadministered test, test key, homework solution, or computer program, or information about an unadministered test, test key, homework solution, or computer program.
11. Falsifying research data, laboratory reports, and/or other academic work offered for credit.
12. Taking, keeping, misplacing, or damaging the property of the university, or of another, if the student knows or reasonably should know that an unfair academic advantage would be gained by such conduct.

"Plagiarism" includes, but is not limited to, the appropriation of, buying, receiving as a gift, or obtaining by any means material that is attributable in whole or in part to another source, including words, ideas, illustrations, structure, computer code, other expression and media, and presenting that material as one's own academic work being offered for credit. Any student who fails to give credit for quotations or for an essentially identical expression of material taken from books, encyclopedias, magazines, Internet documents, reference works or from the themes, reports, or other writings of a fellow student is guilty of plagiarism**. "Collusion"** includes, but is not limited to, the unauthorized collaboration with another person in preparing academic assignments offered for credit or collaboration with another person to commit a violation of any section of the rules on scholastic dishonesty. **"Falsifying academic records"** includes, but is not limited to, altering or assisting in the altering of any official record of the university, and/or submitting false information or omitting requested information that is required for or related to any academic record of the university. Academic records include, but are not limited to, applications for admission, the awarding of a degree, grade reports, test papers, registration materials, grade change forms, and reporting forms used by the Office of the Registrar. A former student who engages in such conduct is subject to a bar against readmission, revocation of a degree, and withdrawal of a diploma. **"Misrepresenting facts"** to the university or an agent of the university includes, but is not limited to, providing false grades or resumes; providing false or misleading information in an effort to receive a postponement or an extension on a test, quiz, or other assignment for the purpose of obtaining an academic or financial benefit for oneself or another individual; or providing false or misleading information in an effort to injure another student academically or financially.

Civility in the Classroom

Class discussions may at times encompass sensitive and/or controversial issues. All students are expected to demonstrate respect for thoughts, ideas, and opinions that do not necessarily agree with their own.

Students with Disabilities

ADA Statement. Any student who because of a disability may require special arrangements in order to meet course requirements should contact the instructor as soon as possible to make any necessary accommodations. Student should present appropriate verification from AccessTECH. No requirement exists that accommodations be made prior to completion of this approved university procedure. Students with disabilities are encouraged to use AccessTech which publishes a **Desk Reference for Faculty and Staff** that is very helpful. You may call the AccessTech Office at 742-2092 to request a copy.

Ombudman for Students
The Ombudsman for Students is available to assist students with any conflict or problem that has to do with being a student at Texas Tech University. You may visit the Ombudsman in 237 Student Union Building.