



TEXAS TECH UNIVERSITY

Department of Kinesiology & Sport Management™

KIN 3324-D01 Teaching Physical Activities and Sports Kinesiology and Sport Management

Instructor: Karla Kitten, M.S. Ed.
Office Hours: KIN 136; TR 12:30-1:30 or by appointment.
Phone # 806.834.4194
E-mail: karla.kitten@ttu.edu; You may also message me through Blackboard.
However, I prefer you use my TTU email.

To access this course, go to [Blackboard](#) and select KIN 3324- D31 from your list of courses. Enter your eraidr username and password.

Course Information

- 100% ONLINE - Asynchronous
- **Required Textbook:** **Text #1:** Walton-Fisette and Wueste, Foundations of Physical Education, Exercise Science, and Sport, 19e, McGraw-Hill Education. **Text #2:** Mitchell, Oslin, and Griffin, Teaching Sport Concepts and Skills, 3e, Human Kinetics.
- **Access to Blackboard:** Reliable internet connection. Frequent access to Blackboard each week.
- **Required Technology:** A working computer with the most recent version of Chrome, Firefox, or Internet Explorer and Windows Vista, Windows 7, Windows 8, Window 10, or Mac OS X 10.6 or higher. DSL, cable, or a faster internet connection is recommended for the best user experience. Also required are updated versions of Adobe Reader and Adobe Flash Player. I recommend Firefox or Chrome for the most optimal experience. It is recommended you disable any pop-up blockers in third party toolbars that may be installed in your browser.
- I will only accept word, pdf, mov, or mp4 formats for assignments. Do not use pages or any mac applications because I cannot open them.
- Webcam, microphone, Zoom
- All due dates/time are Central Time.

Online Course Structure

This class will be conducted online through Blackboard. The online portion of the course is asynchronous, which means there is not structured time to come to the classroom. There will be weekly assignments and discussions in which you as a student need to check into the course, but it is up to the student as to when to check in. With an online course you must be a self-directed learner, have organization skills, and commitment on the student's part is required. It is recommended that students establish a routine for completing course work and avoid procrastination. It is your responsibility as a student to check in frequently to stay on top of assignments. Any questions or concerns should be sent to me as soon as they arise. I will be happy to assist and clarify any powerpoints or textbook readings. Do



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not wait until the last minute before reaching out to me. I will not be able to assist you without at least 24-48 hours notice.

Illness-Based Absence Policy (mandated by the University for all syllabi)

If at any time during this semester you feel ill, in the interest of your own health and safety as well as the health and safety of your instructors and classmates, you are encouraged *not* to attend face-to-face class meetings or events. Please review the steps outlined below that you should follow to ensure your absence for illness will be excused. These steps also apply to not participating in synchronous online class meetings if you feel too ill to do so and missing specified assignment due dates in synchronous online classes because of illness. Illnesses in Asynchronous classes can be left up to the instructor's discretion.

Illness Based Absence Policy (face to face)

Illness-related Absences: (COVID-19 related): Students who are isolating with COVID-19 and students who are quarantining for symptoms or direct exposure may have extended days of absence. Proof of COVID-19 illness or exposure must be sent to instructor immediately upon illness or exposure. Makeup opportunities will be provided in a reasonable time frame, and will be left up to the instructor's discretion. Students can refer to the guidance for students at <https://www.depts.ttu.edu/tlpdc/RequiredSyllabusStatements.php> for more information.

Since this is an 'Asynchronous' class, each case will be handled separately according to the instructor's discretion. Students affected by COVID, must still contact the instructor immediately after notification of COVID related symptoms and positive testing. Unless hospitalized, students are expected to complete assigned work on Blackboard.

Vaccinations: Texas Tech University strongly recommends students adhere to CDC guidelines on COVID-19, including obtaining COVID-19 vaccinations. If you were unable to obtain a vaccination prior to your arrival on campus, the COVID-19 vaccine is available at Student Health Services by appointment. You can find additional information about the vaccine at <https://www.depts.ttu.edu/tlpdc/RequiredSyllabusStatements.php>

What you should understand about an online course

- Be realistic about the time needed to complete assignments
- Schedule time just like you are attending class
- Turn work in on time
- Participate actively in the course
- Do not fall behind in your assignments
- Online does not mean easier

- Use email and discussion boards to keep in contact with classmates and instructor
- Plan to spend two clock hours for every one hour of lecture
- Ask for help when needed
- All lecture material will be presented through powerpoints and textbook readings in blackboard.
- This class is presented in 'asynchronous' format.

Student Responsibility

It is the student's responsibility to know how to use Blackboard. If you do not know how to use Blackboard, please click on the Blackboard Student Support on the left hand course tree to access the videos.

Give yourself plenty of time to submit the assignment. The assignments close on the dot at 11:59:00 pm, If it is submitted at 11:59:01, it is late and 20% of points will be deducted for each day late. Do not wait until 2 minutes prior to submitting the assignment, you never know what issues will occur with Blackboard or how fast or slow it will be. Plan ahead. Technology issues because of waiting until the last minutes/seconds to submit is NOT considered a technology issue.

Course Description

As you pursue a Minor in Coaching, you must also prepare yourself to possibly teach physical education classes, and/or school related activity classes. This course is intended to teach you how to use your coaching skills and knowledge to teach physical education/activity classes in a meaningful way to meet the needs of students not involved in athletics. This course will include the nature and scope, foundations, teaching strategies, and tools for assessing students as they develop a lifelong interest in fitness. Keeping your coaching skills in mind, this course will present the Tactical Games Approach to teaching physical activities. By the end of the course, you will be able to design and implement activities that meet the learning needs and interests of all your students. **Remember, these students are not in athletics. They are not to be taught in the same manner as an athletic class. This class is designed to assist you in teaching you how to utilize your coaching knowledge in teaching a physical education class, not an athletic class (team).**

Contribution of Course to Meeting the Professional Component:

You must achieve a C or better for the final grade for it to count toward your graduation/degree program.

Expected Learning Outcomes

Method of Assessment

Develop an understanding of the role of physical	Discussion, Assignment from Chapters 1-4,
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activity and sport in our society, including historical, health issues, and life-long fitness.	textbook #1.
Begin to understand the duties and responsibilities of a professional physical activity and sport educator	Discussion, Assignment from Chapters 7, 8, and 10, textbook #1. Field observations.
Understand the Tactical Games Approach to teaching K-12 students	Discussion, Assignment from Chapters 1-4 in textbook #2.
Prepare lesson plans, including assessments, implementing the Tactical games approach	Assignment: 4 lesson plans, and assignment from Chapter 6 in textbook #2.

Departmental Student Learning Outcomes - Upon completion of the B.S. in Kinesiology, students should be able to:

1. Describe physiological, psychological, and behavioral responses to exercise and physical activity.
2. Design and implement exercise programs to improve physical function in adults of various age groups and health conditions.
3. Demonstrate competency in assessing human performance.
4. Write clearly and effectively to communicate within a professional health-care setting.

(Specific Course Requirements and Policies)

Assignments

- **Assignments –150 pts:** There are various assignments throughout this course that are all individually done. No group collaboration. Description of the assignment is located in the relevant weekly module along with the point value. **All submissions must be double spaced.**
- **Exam- 100pts:** No traditional exams. Lesson Plan assignment at culmination of courses serves as the ‘final exam’ for this class. Four Lesson Plans worth 25pts each.
- **Discussions – 110 pts:** There are 11 unit discussions worth 10 points each. You have to post first before you can see other responses. Original post is due on Wednesday; and, 2 replies by Sunday at 11:59 pm. Grading will be based on: Post deadlines, content applied appropriately and substantially contributed to the conversation. Supported responses by using APA format and citing references both in-text and at the bottom of the discussion the full and complete reference. **All submissions must be double spaced according to APA format.** Make sure you look at the rubric in the discussion for exactly how discussions will be graded. The rubric is also at the end of the syllabus.
- **Observations—90 pts:** Students are required to schedule and perform three on site observations of actual Physical Education classes at a local public school. **Each observation is worth 30 points each.** Observations will be conducted at one elementary class, one middle school level class, and one high school level class. Worksheets are provided along with due dates in the Introductory Week under Course Content on opening page. All lessons must be submitted with instructors signature and his/her school email address. I will not accept phone calls or emails as confirmation or replacement of signature. I must have a copy of the instructor’s signature along with his/her email address on the form provided to you. If school’s around you are not teaching F2F, you **MUST** contact me with the name of the school, PE teacher’s name, and their method of instruction.

Important: Nearly all schools require a background check before visiting a school. Normally, background check links are found on the school's website. If not, contact the school for related information. Background checks will take up to a week to process. Therefore, you must have your background check completed at least two weeks in advance of your scheduled observation. In addition, you must contact the coach and principal for permission to visit the PE class. Do NOT expect to just go up the school and be allowed to observe without ample notice (at least 2- 3 weeks in advance). Also, I am sure you will have to go through COVID pre-screening procedures before entering the building.

Grading timeline. My goal is to have all assignments graded for the week completed 72 hours after the due date, hopefully sooner.

Technology failure and waiting until the last minute to submit assignments is not an excuse for me to extend the due date/time. Assignments are available 24 hours a day once they are open. If you do have a technological issue, you must contact IThelpcentral and email me the case number prior to the assignment being due. If you cannot reach me through my TTU email, reach out to me through BB messaging before the due/date time in order to be considered for late submission.

- Only approved University excused absences will be given additional time to complete assignments without penalty. (1. religious holy day observation, 2. officially approved university business.) These are considered excused absences only when the student submits bonafide documentation. Verbal notification does not constitute as bonafide documentation. It is up to the instructor to determine if an absence is excused except for the previously listed. Documentation must be given to the instructor within 48 hours after the event in order for the absence to be considered excused. If you provide proper documentation, a specified time will be determined based on the assignment as to when the assignment is due. If it is not received by the specified time after the excuse, you will receive a zero for the assignment.

If cheating or plagiarism is done on any assignment and/or exam or discussion, an F will be given for the course.

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- Documentation must be received for an excused absence with 48 hours after the due date/time for me to accept it. A new due date will be determined depending on the assignment once documentation have been received.

All work, regardless of type of assignment is to be done individually unless specifically stated otherwise. It is my discretion to lower the grade for the assignment, give a zero, or an F for the course.

Evaluation and Grading Criteria

Point total	Grade
415-450	A
360-424	B
315-359	C
270-314	D
269 and below	F

I grade on point total only, not percentages. You can see where you stand by looking at the Total column in Blackboard. Points are listed for each assignment on the course schedule in BB.

- In the rare event of the instructor “bumping” up a grade if you are close (89.5 to a 90 for example), in order to be considered for bumping up your grade you must have submitted and participated in ALL of the assignments, discussions, blogs, etc. This does not guarantee that the grade will be bumped up, it will be considered. Attendance also is taken into consideration.
- If you enroll in the course late, you may not be allowed to make up any of the missed assignments.
- You are expected to have your books at the beginning of the class.
 - There will be **no extra credit** given in this course either as a class or individually.
 - **Late Policy: 20% of points will be deducted for each day assignment is late.** Weekly course information is accessible 24/7. Please use your time wisely. Technical difficulties are also not an excuse to use if you cannot submit the assignment on time if you wait until the last minute. If you do have technical difficulties, you must contact IThelpCentral.edu prior to the deadline and email me in BB the case#. All assignments are due on the dot at 11:59 pm, not a second over.
- If you have a job and have to go to work, turn in assignments before you go to work. This is not an acceptable excuse for an assignment extension.
- If you are travelling, be sure to take your laptop with you, have it charged, and turn in assignments prior to your travels. Not having wi-fi while travelling is not an acceptable excuse for an assignment extension.
- If you write down the wrong due date/time in your planner, that is not an acceptable excuse for turning in late assignments.
- My goal is to have all the assignments graded for that week completed on within 72 hours, possibly sooner!
- You are expected to use APA format on all submissions. for References both in-text and on the Reference page. If you are not familiar with APA format, please see the APA formatting on the course menu in Blackboard. **All submissions must be double spaced.**
- It is your responsibility to learn how to maneuver in Blackboard. My introductory assignments allow you to practice the types of assignments that will be used in the course.
- Grades will be posted on Bb – [Texas Tech University Operating Policy 34.12](#) states that instructors may not post grades for any examinations, including final examinations, unless permission is granted by the department chairperson and a substantiated random identification procedure is in place. Leaving papers with social security numbers visible for students to pick up violates confidentiality as well
- Do not wait until the last week to question about your grade. Monitor your grades as they are posted.
- There will be no unauthorized collaboration on graded assignments. If this is found, you will receive an F for the course.

ALL WORK IS TO BE DONE INDIVIDUALLY, UNLESS IT IS STATED OTHERWISE. It is my discretion give a zero for the assignment or an F for the course.

- You are expected to have read the text or powerpoints prior to class. [The Texas Tech University Catalog](#) states that students are expected to spend approximately two hours in preparation for each hour of class time.
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Class Attendance

- Attendance – Frequent check-ins during the week is required to complete assignments and to check announcements. Please see [Attendance for students](#) for university policy.
- Absence due to religious observance - [OP 34.19](#) states that a student may be excused from attending classes or other required activities, including examinations, for the observance of a religious holy day, including travel for that purpose. A student whose absence is excused for this purpose may not be penalized for that absence and shall be allowed to take an examination or complete an assignment from which the student is excused (p.46)
- Absence due to officially approved trips – [OP 34.06](#) states that the person responsible for a student missing class due to a trip should notify the instructor of the departure and return schedule in advance of the trip. The student may not be penalized and is responsible for the material missed (p.46)
- Whether an absence is excused or unexcused is determined solely by the instructor with the exception of absences due to religious observance and officially approved trips described above.

Illness and Death Notification

[The Student Handbook](#) states in case of an illness that will require absence from class for more than one week, the student should notify his or her academic dean. The dean's office will inform the student's instructors through the departmental office. In case of class absences because of a brief illness, the student should inform the instructor directly.

To All Students in Kinesiology and Sport Management courses:

The following information pertains to all courses taught in Kinesiology and Sport Management. Each student is required to review these guidelines. These guidelines can be found on the departmental website at: [Department of Kinesiology and Sport Management](#).

Academic Integrity

Please refer to the [Student Handbook](#) for policies on academic integrity and student conduct.

- Responsible citizenship among college students includes honesty and integrity in class work; regard for the rights of others; and respect for local, state, and federal laws as well as campus standards. This area includes, but is not limited to: cheating, plagiarism, collusion, falsifying academic records, misrepresenting facts, and any act designed to give unfair academic advantage to the student "It is the aim of the faculty of Texas Tech University to foster a spirit of complete honesty and a high standard of integrity. The attempt of students to present as their own any work that they have not honestly performed is regarded by the faculty and administration as a serious offense and renders the offenders liable to serious consequences, possibly suspension."
- "It is the aim of the faculty of Texas Tech University to foster a spirit of complete honesty and a high standard of integrity. The attempt of students to present as their own any work that they

have not honestly performed is regarded by the faculty and administration as a serious offense and renders the offenders liable to serious consequences, possibly suspension.”

- “Scholastic dishonesty” includes, but is not limited to, cheating, plagiarism, collusion, falsifying academic records, misrepresenting facts, and any act designed to give unfair academic advantage to the student (such as, but not limited to, submission of essentially the same written assignment for two courses without the prior permission of the instructor) or the attempt to commit such an act.”
- “Plagiarism” includes, but is not limited to, the appropriation of, buying, receiving as a gift, or obtaining by any means material that is attributable in whole or in part to another source, including words, ideas, illustrations, structure, computer code, other expression and media, and presenting that material as one’s own academic work being offered for credit. Any student who fails to give credit for quotations or for an essentially identical expression of material taken from books, encyclopedias, magazines, Internet documents, reference works or from the themes, reports, or other writings of a fellow student is guilty of plagiarism.”

Civility in the classroom:

- Civility is expected from adult learners, that is, respectful, tolerant, and mature behavior is expected towards peer learners and the professor. Violation of this may result in a minimum of a 50-point deduction for rude, intolerant or disrespectful behavior per episode via any medium or format, or a failing grade in the course.

TTU Resources for Discrimination, Harassment, and Sexual Violence

- Texas Tech University is committed to providing and strengthening an educational, working, and living environment where students, faculty, staff, and visitors are free from gender and/or sex discrimination of any kind. Sexual assault, discrimination, harassment, and other [Title IX violations](#) are not tolerated by the University. Report any incidents to the *Office for Student Rights & Resolution*, (806)-742-SAFE (7233) or file a report online at titleix.ttu.edu/students. Faculty and staff members at TTU are committed to connecting you to resources on campus. Some of these available resources are: **TTU Student Counseling Center**, 806-742-3674, <https://www.depts.ttu.edu/scc/> (*Provides confidential support on campus.*) **TTU Student Counseling Center 24-hour Helpline**, 806-742-5555, (*Assists students who are experiencing a mental health or interpersonal violence crisis. If you call the helpline, you will speak with a mental health counselor.*) **Voice of Hope Lubbock Rape Crisis Center**, 806-763-7273, voiceofhopelubbock.org (*24-hour hotline that provides support for survivors of sexual violence.*) **The Risk, Intervention, Safety and Education (RISE) Office**, 806-742-2110, rise.ttu.edu (*Provides a range of resources and support options focused on prevention education and student wellness.*) **Texas Tech Police Department**, 806-742-3931, <http://www.depts.ttu.edu/ttupd/> (*To report criminal activity that occurs on or near Texas Tech campus.*)

Students with Disabilities Statement

ADA Statement:

- Any student who, because of a disability, may require special arrangements in order to meet course requirements should contact the instructor as soon as possible to make any necessary arrangements. Please note instructors are not allowed to provide classroom accommodations to a

student until appropriate verification from Student Disability Services has been provided. For additional information, contact [Student Disability Services](#)

Ombudsman for Students

[Student Resolution Center](#)

Learner/Student Support

The following links are provided to assist students with Blackboard support, IT Services, resources and Current Student services:

TTU Blackboard Student support:

<http://www.depts.ttu.edu/elearning/blackboard/student/>

TTU IT Services for Students:

<http://www.ttu.edu/it4students/>

TTU Current Students services and resources:

<https://www.ttu.edu/current-students/>

Course Schedule

Students are held responsible for knowing about oral announcements or requirements not listed in syllabus. The announcement page is the first page you will see when entering the BB course – be sure to READ if there are any new announcements.

All assignments are due according to Central Time
Please see course schedule in Blackboard for specific due dates and assignments.





KIN 3324

Fall 2023 Course Outline

Week Number	Topic/Homework (HW) All Homework (HW) due by due date listed in Lesson Module
Week One Aug. 24--Aug. 27	Topic: Course Introduction/Syllabus/ Preparation HW: Clinical Observation introduced
Week Two	Topic: Meaning and Scope of PE and Activities

Week Number	Topic/Homework (HW) All Homework (HW) due by due date listed in Lesson Module
Aug. 28-Sept. 3	HW:Discussion and Assignment
Week Three Sept. 4-Sept. 10	Topic: Developing a Philosophy HW:Discussion and Assignment
Week Four Sept. 11-Sept.Sept. 17	Topic: Health and Physical Activity HW:Discussion and Assignment; Observation #1 due
Week Five Sept. 18-Sept. 24	Topic: Historical Foundations HW:Discussion and Assignment
Week Six Sept. 25--Oct. 1	Topic: Exercise Physiology and Fitness HW:Discussion and Assignment
Week Seven Oct. 2--Oct. 8	Topic: Sociological Foundations Discussion and Assignment
Week Eight Oct. 9--Oct. 15	Topic: Teaching and Learning of PE and Sport HW:Discussion and Assignment; Observation #2 due
Week Nine Oct. 16-Oct. 22	Topic: Tactical Games Explanation HW:Assignment
Week Ten Oct. 23-Oct.29	Topic: Principles of Tactical Games Approach HW:Discussion and Assignment
Week Eleven Nov 2--Nov. 5	Topic: Preparing Students and Getting Started With Teaching using the Tactical Games Approach HW:Discussion and Assignment
Week Twelve Nov. 6--Nov. 12	Topic: Tactical Games as Part of the Curriculum HW:Discussion and Assignment; Observation #3 due
Week Thirteen Nov. 13--Nov. 19	Topic: Methods of Assessment HW:Assignment
Week Fourteen Nov. 20-Nov. 21	Topic: Assessment (cont.) HW: Discussion and Assignment
Week Fourteen (cont.) Nov. 27—Dec.3	Topic: Preparing a Lesson Plan
Final Exam- Lesson Plans Dec. 4 and Dec.5	FINAL: Lesson Plan 1 and 2 due Dec. 4th by 11:59pm FINAL: Lesson Plan 3 and 4 due Dec. 5 th by 11:59pm

Discussion Board Rubric




Name	Discussions			
Description				
Rubric Detail				
	Levels of Achievement			
Criteria	Did not submit	Novice	Competent	Proficient
First Post 	0 Points Did not submit	1 Points Posted but did not meet Wednesday deadline	0 Points	3 Points Met Wednesday first post deadline
Responses 	0 Points Did not submit	1 Points Replied to one post by Sunday 11:59pm	0 Points	2 Points Replied to at least two posts by Sunday 11:59pm
Grammar 	0 Points Did not submit	0 Points More than two grammar or spelling errors	0.5 Points No more than two grammar or spelling errors	1 Points No grammar or spelling errors
Content 	0 Points Did not submit	2 Points Insufficient depth and incorrectly applied content	3 Points Provided somewhat in-depth content. Somewhat applied content appropriately.	4 Points Provided in-depth content. Applied content appropriately

Rubric for Assignments

Name Rubric for assignments

Description

Rubric Detail

Criteria	Levels of Achievement			
	Did not submit	Novice	Competent	Proficient
Focus 	0 Points Did not submit	1 Points Unable to find specific central idea	2 Points Central idea is vague	3 Points Central idea is clearly stated
Content 	0 Points Did not submit	1 Points Unable to find specific supportive details	3 Points Central idea is vague and non-supportive	4 Points Central idea is clearly stated and supported
Grammar 	0 Points Did not submit	0 Points More than two grammar or spelling errors	2 Points No more than two grammar or spelling errors	3 Points No grammar or spelling errors

[View Associated Items](#)