

# KIN 3324-D01 Teaching Physical Activities and Sports Kinesiology and Sport Management

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Office Hours: KIN 136 by appointment only

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E-mail: karla.kitten@ttu.edu; You may also message me through Blackboard.

However, I prefer you use my TTU email.

To access this course, go to **Blackboard** and select KIN 3324- D01 from your

list of courses. Enter your eraider username and password.

# **Course Information**

- 100% ONLINE Asynchronous
- **Required Texbook: Text #1:** Walton-Fisette and Wueste, Foundations of Physical Education, Exercise Science, and Sport, 20e, McGraw-Hill Education.(ISBN 978-1-260-25391-7) **Text #2:** Mitchell, Oslin, and Griffin, Teaching Sport Concepts and Skills, 4e, Human Kinetics. (ISBN 978-1-4925-9048-4).
- Access to Blackboard: Reliable internet connection. Frequent access to Blackboard each week.
- Required Technology: A working computer with the most recent version of Chrome, Firefox, or Internet Explorer and Windows Vista, Windows 7, Windows 8, Window 10,or Mac OS X 10.6 or higher. DSL, cable, or a faster internet connection is recommended for the best user experience. Also required are updated versions of Adobe Reader and Adobe Flash Player. I recommend Firefox or Chrome for the most optimal experience. It is recommended you disable any pop-up blockers in third party toolbars that may be installed in your browser.
- I will only accept word, pdf, mov, or mp4 formats for assignments. Do not use pages or any mac applications because I cannot open them.
- Webcam, microphone, Zoom
- All due dates/time are Central Time.
- You are not alone! During Intersession, from May 10th through May 26th, the Asynchronous Writing Center will be open. They work with all students, both undergraduate and graduates, so please visit them at https://www.depts.ttu.edu/provost/uwc/.



# **Online Course Structure**

This class will be conducted online through Blackboard. The online portion of the course is asynchronous, which means there is not structured time to come to the classroom. There will be weekly assignments and discussions in which you as a student need to check into the course, but it is up to the student as to when to check in. With an online course you must be a self-directed learner, have organization skills, and commitment on the student's part is required. It is recommended that students establish a routine for completing course work and avoid procrastination. It is your responsibility as a student to check in frequently to stay on top of assignments. Any questions or concerns should be sent to me as soon as they arise. I will be happy to assist and clarify any powerpoints or textbook readings. Do not wait until the last minute before reaching out to me. I will not be able to assist you without at least 24 hours notice. All units are open and available to those who wish to work ahead of schedule.

# What you should understand about an online course

- Be realistic about the time needed to complete assignments
- Schedule time just like you are attending class
- o Turn work in on time
- o Participate actively in the course
- o Do not fall behind in your assignments
- Online does not mean easier
- Use email and discussion boards to keep in contact with classmates and instructor
- Plan to spend three hours per day on assigned classwork
- Ask for help when needed
- All lecture material will be presented through powerpoints and textbook readings in blackboard.
- o This class is presented in 'asynchronous' format.

# **Student Responsibility**

It is the student's responsibility to know how to use Blackboard. If you do not know how to use Blackboard, please click on the Blackboard Student Support on the left hand course tree to access the videos.

Give yourself plenty of time to submit the assignment. The assignments close on the dot at 11:59:00 pm, If it is submitted at 11:59:01, it is late and 20% of points will be deducted for each day late. Do not wait until 2 minutes prior to submitting the assignment, you never know what issues will occur with Blackboard or how fast or slow it will be. Plan ahead. Technology issues because of waiting until the last minutes/seconds to submit is NOT considered a technology issue.

# **Course Description**

As you pursue a Minor in Coaching, you must also prepare yourself to possibly teach physical education classes, and/or school related activity classes. This course is intended to teach you how to use your coaching skills and knowledge to teach physical education/activity classes in a meaningful way to meet the needs of students not involved in athletics. This course will include the nature and scope, foundations, teaching strategies, and tools for assessing students as they develop a lifelong interest in fitness. Keeping your coaching skills in mind, this course will present the Tactical Games Approach to teaching physical activities. By the end of the course, you will be able to design and implement activities that meet the learning needs and interests of all your students. Remember, these students are not in athletics. They are not to be taught in the same manner as an athletic class. This class is designed to assist you in teaching you how to utilize your coaching knowledge in teaching a physical education class,

## **Contribution of Course to Meeting the Professional Component:**

You must achieve a C or better for the final grade for it to count toward your graduation/degree program.

## **Expected Learning Outcomes**

#### **Method of Assessment**

Develop an understanding of the role of physical activity and sport in our society, including	Discussion, Assignment from Chapters 1-4, textbook #1.
historical, health issues, and life-long fitness.	textoock #1.
Begin to understand the duties and	Discussion, Assignment from Chapters 7, 8,
responsibilities of a professional physical	and 10, textbook #1. Field observations.
activity and sport educator	10, W. 10, W. 11 110 000 01 1 W. 10 10 10 10 10 10 10 10 10 10 10 10 10
Understand the Tactical Games Approach to	Discussion, Assignment from Chapters 1-4 in
teaching K-12 students	textbook #2.
Prepare lesson plans, including assessments,	Assignment: 4 lesson plans, and assignment
implementing the Tactical games approach	from Chapter 6 in textbook #2.

# Departmental Student Learning Outcomes - Upon completion of the B.S. in Kinesiology, students should be able to:

- 1. Describe physiological, psychological, and behavioral responses to exercise and physical activity.
- 2. Design and implement exercise programs to improve physical function in adults of various age groups and health conditions.
- 3. Demonstrate competency in assessing human performance.
- 4. Write clearly and effectively to communicate within a professional health-care setting.

# (Specific Course Requirements and Policies)

#### Assignments

- **Assignments –150 pts:** There are various assignments throughout this course that are all individually done. No group collaboration. Description of the assignment is located in the relevant weekly module along with the point value. **All submissions must be double spaced.**
- Exam- 100pts: No traditional exams. Lesson Plan assignment serves as the culmination for this class. Four Lesson Plans are worth 25pts each.
- **Discussions 110 pts**: There are 11 unit discussions worth 10 points each. You have to post first before you can see other responses. Original post is due by 5pm; and, 2 replies by 11:59 pm.the day of assignment. Grading will be based on: Post deadlines, content applied appropriately and substantially contributed to the conversation. Supported responses by using APA format and citing references both in-text and at the bottom of the discussion the full and complete reference. **All submissions must be double spaced according to APA format**. Make sure you look at the rubric in the discussion for exactly how discussions will be graded. The rubric is also at the end of the syllabus.

- Video reviews—60 pts: Students are required to review two PE lesson videos. Each review is worth 30 points each. Videos will be of one elementary class, and one secondary level class. Worksheets for you to follow are provided for each video. I will not accept phone calls or emails as confirmation or replacement of signature.
- **Journal 30 pts.:** Summarize what you have learned at the end of each four day period. May 10-13 is period one. May 15-18 is period two. May 19-23 is the final period, period three. Your journal is due May 24<sup>th</sup>. How you design your journal is up to you. I will be looking for content and details, organization, and design features (creatuvuty).

**Grading timeline**. My goal is to have all assignments graded the following day of submission deadline.

Technology failure and waiting until the last minute to submit assignments is not an excuse for me to extend the due date/time. Assignments are available 24 hours a day once they are open. If you do have a technological issue, you must contact IThelpcentral and email me the case number **prior** to the assignment being due. If you cannot reach me through my TTU email, reach out to me through BB messaging before the due/date time in order to be considered for late submission.

• Only approved University excused absences will be given additional time to complete assignments without penalty. (1. religious holy day observation, 2. officially approved university business.) These are considered excused absences only when the student submits bonafide documentation. Verbal notification does not constitute as bonafide documentation. It is up to the instructor to determine if an absence is excused except for the previously listed. Documentation must be given to the instructor within 24 hours after the event in order for the absence to be considered excused. If you provide proper documentation, a specified time will be determined based on the assignment as to when the assignment is due. If it is not received by the specified time after the excuse, you will receive a zero for the assignment.

If cheating or plagiarism is done on any assignment and/or exam or discussion, an F will be given for the course.

Documentation must be received for an excused absence with 24 hours after the due date/time
for me to accept it. A new due date will be determined depending on the assignment once
documentation have been received.

All work, regardless of type of assignment is to be done individually unless specifically stated otherwise. It is my discretion to lower the grade for the assignment, give a zero, or an F for the course.

## **Evaluation and Grading Criteria**

Point total	Grade		
415-450	A		
360-424	В		
315-359	С		
270-314	D		
269 and below	F		

I grade on *point total only*, not percentages. You can see where you stand by looking at the Total column in Blackboard. Points are listed for each assignment on the course schedule in BB.

- In the rare event of the instructor "bumping" up a grade if you are close (89.5 to a 90 for example), in order to be considered for bumping up your grade you must have submitted and participated in ALL of the assignments, discussions, blogs, etc. This does not guarantee that the grade will be bumped up, it will be considered. Attendance also is taken into consideration.
- If you enroll in the course late, you may not be allowed to make up any of the missed assignments.
- You are expected to have your books at the beginning of the class.
  - There will be **no extra credit** given in this course either as a class or individually.
  - <u>Late Policy: 20% of points will be deducted for each day assignment is late.</u> Weekly course information is accessible 24/7. Please use your time wisely. Technical difficulties are also not an excuse to use if you cannot submit the assignment on time if you wait until the last minute. If you do have technical difficulties, you must contact IThelpCentral.edu prior to the deadline and email me in BB the case#. All assignments are due on the dot at 11:59 pm, not a second over.
  - If you have a job and have to go to work, turn in assignments before you go to work. This is not an acceptable excuse for an assignment extension.
  - If you are travelling, be sure to take your laptop with you, have it charged, and turn in assignments prior to your travels. Not having wi-fi while travelling is not an acceptable excuse for an assignment extension.
  - If you write down the wrong due date/time in your planner, that is not an acceptable excuse for turning in late assignments.
  - My goal is to have all the assignments graded for that week completed on within 24 hours, possibly sooner!
  - You are expected to use APA format on all submissions. for References both in-text and on the Reference page. If you are not familiar with APA format, please see the APA formatting on the course menu in Blackboard. **All submissions must be double spaced.**
  - It is your responsibility to learn how to maneuver in Blackboard. My introductory assignments allow you to practice the types of assignments that will be used in the course.
  - Grades will be posted on Bb <u>Texas Tech University Operating Policy 34.12</u> states that
    instructors may not post grades for any examinations, including final examinations, unless
    permission is granted by the department chairperson and a substantiated random identification
    procedure is in place. Leaving papers with social security numbers visible for students to pick
    up violates confidentiality as well
  - Do not wait until the last week to question about your grade. Monitor your grades as they are posted.

• There will be no unauthorized collaboration on graded assignments. If this is found, you will receive an F for the course.

ALL WORK IS TO BE DONE INDIVIDUALLY, UNLESS IT IS STATED OTHERWISE. It is my discretion give a zero for the assignment or an F for the course.

• You are expected to have read the text or powerpoints prior to class. The Texas Tech University Catalog states that students are expected to spend approximately two hours in preparation for each hour of class time.

#### **Class Attendance**

- Attendance Frequent check-ins during the day is required to complete assignments and to check announcements. Please see <u>Attendance for students</u> for university policy.
- Absence due to religious observance OP 34.19 states that a student may be excused from attending classes or other required activities, including examinations, for the observance of a religious holy day, including travel for that purpose. A student whose absence is excused for this purpose may not be penalized for that absence and shall be allowed to take an examination or complete an assignment from which the student is excused (p.46)
- Absence due to officially approved trips OP 34.06 states that the person responsible for a student missing class due to a trip should notify the instructor of the departure and return schedule in advance of the trip. The student may not be penalized and is responsible for the material missed (p.46)
- Whether an absence is excused or unexcused is determined solely by the instructor with the exception of absences due to religious observance and officially approved trips described above.

#### Illness and Death Notification

<u>The Student Handbook</u> states in case of an illness that will require absence from class for more than one week, the student should notify his or her academic dean. The dean's office will inform the student's instructors through the departmental office. In case of class absences because of a brief illness, the student should inform the instructor directly.

# To All Students in Kinesiology and Sport Management courses:

The following information pertains to all courses taught in Kinesiology and Sport Management. Each student is required to review these guidelines. These guidelines can be found on the departmental website at: Department of Kinesiology and Sport Management.

#### **Academic Integrity**

Please refer to the **Student Handbook** for policies on academic integrity and student conduct.

• Responsible citizenship among college students includes honesty and integrity in class work; regard for the rights of others; and respect for local, state, and federal laws as well as campus standards. This area includes, but is not limited to: cheating, plagiarism, collusion, falsifying academic records, misrepresenting facts, and any act designed to give unfair academic advantage to the student "It is the aim of the faculty of Texas Tech University to foster a spirit of complete honesty and a high standard of integrity. The attempt of students to present as their own any

- work that they have not honestly performed is regarded by the faculty and administration as a serious offense and renders the offenders liable to serious consequences, possibly suspension."
- "It is the aim of the faculty of Texas Tech University to foster a spirit of complete honesty and a high standard of integrity. The attempt of students to present as their own any work that they have not honestly performed is regarded by the faculty and administration as a serious offense and renders the offenders liable to serious consequences, possibly suspension."
- "Scholastic dishonesty" includes, but is not limited to, cheating, plagiarism, collusion, falsifying academic records, misrepresenting facts, and any act designed to give unfair academic advantage to the student (such as, but not limited to, submission of essentially the same written assignment for two courses without the prior permission of the instructor) or the attempt to commit such an act."
- "Plagiarism" includes, but is not limited to, the appropriation of, buying, receiving as a gift, or obtaining by any means material that is attributable in whole or in part to another source, including words, ideas, illustrations, structure, computer code, other expression and media, and presenting that material as one's own academic work being offered for credit. Any student who fails to give credit for quotations or for an essentially identical expression of material taken from books, encyclopedias, magazines, Internet documents, reference works or from the themes, reports, or other writings of a fellow student is guilty of plagiarism."

#### Civility in the classroom:

Civility is expected from adult learners, that is, respectful, tolerant, and mature behavior is
expected towards peer learners and the professor. Violation of this may result in a minimum of a
50-point deduction for rude, intolerant or disrespectful behavior per episode via any medium or
format, or a failing grade in the course.

#### TTU Resources for Discrimination, Harassment, and Sexual Violence

Texas Tech University is committed to providing and strengthening an educational, working, and living environment where students, faculty, staff, and visitors are free from gender and/or sex discrimination of any kind. Sexual assault, discrimination, harassment, and other Title IX violations are not tolerated by the University. Report any incidents to the Office for Student Rights & Resolution, (806)-742-SAFE (7233) or file a report online at titleix.ttu.edu/students. Faculty and staff members at TTU are committed to connecting you to resources on campus. Some of these available resources are: TTU Student Counseling Center, 806-742-3674, https://www.depts.ttu.edu/scc/ (Provides confidential support on campus.) TTU Student Counseling Center 24-hour Helpline, 806-742-5555, (Assists students who are experiencing a mental health or interpersonal violence crisis. If you call the helpline, you will speak with a mental health counselor.) Voice of Hope Lubbock Rape Crisis Center, 806-763-7273, voiceofhopelubbock.org (24-hour hotline that provides support for survivors of sexual violence.) The Risk, Intervention, Safety and Education (RISE) Office, 806-742-2110, rise.ttu.edu (Provides a range of resources and support options focused on prevention education and student wellness.) Texas Tech Police Department, 806-742-3931, http://www.depts.ttu.edu/ttpd/ (To report criminal activity that occurs on or near Texas Tech campus.)

#### **Students with Disabilities Statement**

#### **ADA Statement:**

• Any student who, because of a disability, may require special arrangements in order to meet course requirements should contact the instructor as soon as possible to make any necessary arrangements. Please note instructors are not allowed to provide classroom accommodations to a student until appropriate verification from Student Disability Services has been provided. For additional information, contact Student Disability Services

#### **Ombudsman for Students**

**Student Resolution Center** 

## **Learner/Student Support**

The following links are provided to assist students with Blackboard support, IT Services, resources and Current Student services:

TTU Blackboard Student support:

http://www.depts.ttu.edu/elearning/blackboard/student/

TTU IT Services for Students:

http://www.ttu.edu/it4students/

TTU Current Students services and resources:

https://www.ttu.edu/current-students/

# **Course Schedule**

Students are held responsible for knowing about oral announcements or requirements not listed in syllabus. The announcement page is the first page you will see when entering the BB course – be sure to READ if there are any new announcements.

All assignments are due according to Central Time Please see course schedule in Blackboard for specific due dates and assignments.

# KIN 3324 May 2022 Intersession Course Outline

Week Number	Topic/Homework (HW) All Homework (HW) due by due			
	date listed in Lesson Module			
Day One	Topic: Course Introduction/Syllabus/ Preparation			
May 10th	HW: Self Introduction, syllabus, attachment practice			
Day Two	Topic: Meaning and Scope of PE and Activities			
May 11th	HW: Discussion and Assignment			
Day Three	Topic: Developing a Philosophy			
May 12th	HW: Discussion and Assignment			
Day Four	Topic: Health and Physical Activity			
May 13th	HW: Discussion and Assignment;			
Day Five	Topic: Historical Foundations			
May 15th	HW: Discussion and Assignment			
Day Six	Topic: Exercise Physiology and Fitness			
May 16th	HW: Discussion and Assignment			
Day Seven	Topic: Sociological Foundations			
May 17th	Discussion and Assignment			
Day Eight	Topic: Teaching and Learning of PE and Sport			
May 18th	HW: Discussion and Assignment			
Day Nine	Topic: Tactical Games Explanation (Textbook #2 intro.)			
May 19th	HW: Assignment			
Day Ten	Topic: Principles of Tactical Games Approach			
May 20th	HW: Discussion and Assignment			
Day Eleven	Topic: Preparing Students and Getting Started With			
May 22nd	Teaching using the Tactical Games Approach			
	HW: Discussion and Assignment; Video review			
Day Twelve	Topic: Tactical Games as Part of the Curriculum			
May 23rd	HW: Discussion and Assignment Video review			
Day Thirteen	Topic: Methods of Assessment			
May 24th	HW: Assignment; Journal due			
Day Fourteen	Topic: Lesson Plan Preparation			
May 25th	HW: Discussion and Lesson Plan Assignment			
Day Fifteen (last class day)	Topic: Lesson Plan Preparation			
May 26th	HW: Lesson Plan Assignment (cont)			